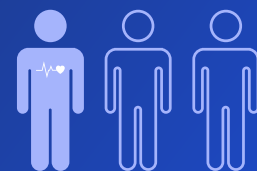


Heart & Cardiovascular Screening



22

PEOPLE DIE FROM HEART
DISEASE AND STROKE
EVERY DAY IN SINGAPORE.



30.5%

THAT'S 30.5% OF ALL
DEATHS IN 2024 —
NEARLY 1 IN 3.

UP TO 80%
of premature heart
attacks & strokes can
be prevented

Your heart screening reviewed by
a Senior Consultant Cardiologist

 **10,000+** Consultations

 **22+** Years Experience

 **UK & SG** Fellowship-Trained

 **MOH** Certified Specialist



**Dr Paul Lim
Chun Yih**

Senior Consultant
Cardiologist &
Electrophysiologist

✓ **Consider screening if any of the following describes you:**

- Are aged 40 or above
- Have a family history of heart disease, heart attack, or sudden cardiac death
- Have high blood pressure, raised cholesterol, or diabetes
- Are a current or former smoker
- Experience occasional chest discomfort, breathlessness, or palpitations
- You want peace of mind
- You would like a baseline assessment of your heart to compare against in the years ahead
- Have a sedentary lifestyle or are overweight
- Are in a high-stress occupation
- Are an athlete wanting cardiac clearance

Heart Screening Packages & Pricing

Test	Basic \$368	Plus \$628	Advanced \$878	Comprehensive \$1,578	Full \$1,688
Blood Tests	✓	✓	✓	✓	✓
ECG	✓	✓	✓	✓	✓
Treadmill Stress Test	✓	✓	✓	✗	✗
Transthoracic Echocardiogram	✗	✓	✓	✓	✓
Calcium Score	✗	✗	✓	✓	✓
CT Coronary Angiogram (CTCA)	✗	✗	✗	✓	✓
Ultrasound Carotid Intima-Media Thickness (CIMT)	✗	✗	✗	✗	✓



50+ Biomarkers Across 3 Health Profiles

Every heart screening package includes a comprehensive blood panel targeting cardiovascular risk, metabolic health, and organ function.

All packages include
1 Consultation
+ 1 Post-Screening Review
with **Dr Paul Lim**



Cardiovascular Risk

The Heart

- Lipid panel
- ApoB
- hsCRP
- Lp(a)*

*tested once (since it's genetically determined)



Metabolic Health

Energy & Processing

- Fasting glucose
- HbA1c
- Fasting insulin/HOMA-IR



Organ & System Function

The Support Network

- Full blood count (FBC)
- Liver function
- Kidney function
- Thyroid
- Calcium phosphate
- Uric acid

ADD-ONS

Individual Tests & Add-Ons

Prefer a single test, or want to add one to your screening package?
The following diagnostics are available a la carte.

Ultrasound Carotid Doppler (at partner centres) **\$305.20**

Ultrasound Carotid Intima-Media Thickness (CIMT) **\$163.50**

24-Hour Holter Monitor **\$272.50 – \$381.50**

CT Calcium Score **\$403.30**

CT Coronary Angiogram **\$1,384.30**
Includes Calcium Score

All prices shown are NETT and inclusive of 9% GST. Add-on tests are subject to clinical suitability and scheduling availability.

Every heart is different. Share your concerns with **Dr Paul Lim** and he'll help you decide what to screen for.