

		Longevity Essentials	Longevity Plus	Longevity Signature
		\$388 Nett	\$888 Nett	\$1388 Nett
Biometrics	Height, Weight, BMI, Blood Pressure	✓	✓	✓
In-Clinic Assessments (not available for home screening)	Physical Examination	✓	✓	✓
	Hand Grip	✓	✓	✓
	Body Composition (Inbody)	✓	✓	✓
	Visual Acuity		✓	✓
	Tonometry (Eye Pressure)		✓	✓
	Screening Ultrasound Carotid Intima-Media Thickness (CIMT) (Risk of Heart Disease and Stroke)		✓	✓
	Spirometry (Lung Function)			✓
Cardiovascular Health	Total Cholesterol	✓	✓	✓
	HDL Cholesterol	✓	✓	✓
	LDL Cholesterol	✓	✓	✓
	Triglycerides	✓	✓	✓
	Apolipoprotein A1 (ApoA1)		✓	✓
	Apolipoprotein B (ApoB)	✓	✓	✓
	Apo B/A1 Ratio		✓	✓
	hs-CRP (High-sensitivity C-Reactive Protein)	✓	✓	✓
Metabolic Health	Homocysteine	✓	✓	✓
	Fasting Glucose	✓	✓	✓
	HbA1c (Glycated Hemoglobin)	✓	✓	✓
	Fasting Insulin	✓	✓	✓
Liver Function	HOMA-IR (Insulin Resistance Index)	✓	✓	✓
	Total Protein	✓	✓	✓
	Albumin	✓	✓	✓
	Globulin	✓	✓	✓
	A/G Ratio	✓	✓	✓
	Alkaline Phosphatase (ALP)	✓	✓	✓
	ALT (Alanine Aminotransferase)	✓	✓	✓
	AST (Aspartate Aminotransferase)	✓	✓	✓
	GGT (Gamma-glutamyl transferase)	✓	✓	✓
	Albumin	✓	✓	✓
	Total Bilirubin	✓	✓	✓
Hepatitis	Indirect Bilirubin	✓	✓	✓
	Hep A Antibody	✓	✓	✓
	Hep B antigen	✓	✓	✓
	Anti-HBs Antibody	✓	✓	✓
Infections	Anti-HCV		✓	✓
	Syphilis		✓	✓
	HIV		✓	✓
	HSV1, HSV 2 Antibodies			✓
Kidney Function	Helicobacter Antibody			✓
	Urea	✓	✓	✓
	Sodium	✓	✓	✓
	Potassium	✓	✓	✓
	Chloride	✓	✓	✓
	Bicarbonate	✓	✓	✓
	Creatinine	✓	✓	✓
	eGFR (Estimated Glomerular Filtration Rate) with Creatinine	✓	✓	✓
	Cystatin-C		✓	✓
Urine Analysis	Urine Albumin-Creatinine Ratio (uACR)	✓	✓	✓
	Appearance	✓	✓	✓
	RBC	✓	✓	✓
	WBC	✓	✓	✓
	EC	✓	✓	✓
	Glucose	✓	✓	✓
	Ketones	✓	✓	✓
	pH	✓	✓	✓
	Protein	✓	✓	✓
Bone and Joint Health	Calcium	✓	✓	✓
	Corrected Calcium	✓	✓	✓
	Phosphate	✓	✓	✓
	Uric Acid	✓	✓	✓
	Rheumatoid Factor	✓	✓	✓
Inflammation & Immune System	ESR (Erythrocyte Sedimentation Rate)	✓	✓	✓

Blood / Immunity	Haemoglobin	✓	✓	✓
	RBC Count	✓	✓	✓
	Haematocrit	✓	✓	✓
	MCH	✓	✓	✓
	MCHC	✓	✓	✓
	MCV	✓	✓	✓
	Platelet	✓	✓	✓
	White Blood Cell with differential	✓	✓	✓
Hormonal Health	IGF-1			✓
	DHEA-S (Dehydroepiandrosterone Sulfate)			✓
	Total Testosterone	✓ (Male Only)	✓ (Male Only)	✓
	Estradiol		✓ (Female Only)	✓
	Progesterone			✓
	FSH		✓	✓
	LH		✓	✓
	Prolactin		✓	✓
	SHBG		✓ (Male Only)	✓
	Calculated Free Testosterone (From SHBG & Testosterone)		✓ (Male Only)	✓
	Thyroid Stimulating Hormone (TSH)	✓	✓	✓
	Free T4	✓	✓	✓
	Free T3		✓	✓
	Anti-TPO			✓
	Cortisol		✓	✓
Vitamins & Nutrients	Vitamin D (25-OH Vitamin D)	✓	✓	✓
	Vitamin B12		✓	✓
	Folate (Vitamin B9)		✓	✓
	Ferritin	✓ (Female Only)	✓	✓
	TIBC		✓	✓
	Iron		✓	✓
	Iron Saturation		✓	✓
	Magnesium		✓	✓
	Zinc			✓
	Selenium			✓
Cancer	Stool OB		✓	✓
	PSA (Male)		✓ (Male Only)	✓ (Male Only)
	CA125 (Female)		✓ (Female Only)	✓ (Female Only)
Metal Toxicity	Lead			✓
	Mercury			✓
	Urine Arsenic			✓
Medical Review	Post Screening Review	✓	✓	✓